

New Product to Help Employers with the Mental Health impacts of COVID-19

We all know that COVID-19 has taken its toll. For some it will be harder than others. In fact, insurance carriers, 4 months into COVID-19, have already witnessed an increase in disability incidence and most surprising in the 30 and under age group.

What does this mean for an employer?

- It means that those mental health statistics you've been hearing about are on the rise.
- It means that the domino impact of mental health in your workplace may be more significant than we originally thought.
- It means that it will be more important, now more than ever, to put proactive measures in place to assist your employee population.

Consider this new proactive measure offered through Dialogue. Dialogue offers a virtual doctor application with the ability to diagnose, prescribe and even refer an employee, all through their app.

In addition, Dialogue offers a Stress & Wellness benefit, which is normally part of their Dialogue virtual doctor app but can sometimes be negotiated as a standalone benefit. This Stress & Wellness benefit provides employees with quick and easy access to cognitive behavioural therapy. Employers can purchase the benefit for the Employee only or the Employee & Family. Click below for more information on Dialogue and this benefit.

<https://www.dialogue.co/en/workplace-mental-health>

To illustrate the effectiveness of this Stress & Wellness benefit we have attached a personal video provided by a Dialogue rep who used this service for himself. He shares his personal mental health challenge and illustrates the speed in which it was addressed, and an appointment booked, to assist him through his crisis. Imagine the impact this could have on your employees if they were in need?

<https://share.vidyard.com/watch/91uwHMJVvWW1jQJFi6mYrT?>

If you are struggling with how you could possibly pay for a new benefit when you have difficulty affording what you have, the Community Services Benefit Trust benefits plan (CSBT) may be the answer. Through the CSBT you will have access to unique solutions that could give you the financial relief you were hoping for, allowing you to consider the above proactive benefit from Dialogue? It just takes a call, as noted below and we'll do all the work to explore your options.

To obtain a quote or book a Dialogue demo/discussion please contact Rosemary Marsh at rmarsh@bisinc.ca for assistance or call 905-630-6993.